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## Depression (CES-D) - DCSD

1. Now, I will read a list of the ways you might have felt or behaved. Please look at this card, and tell me how often you have felt this way during the past week.

SHOW CARD MD1.

1. I was bothered by things that usually don’t bother me.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I did not feel like eating; my appetite was poor.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt that I could not shake off the blues even with help from my family or friends.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt that I was just as good as other people.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I had trouble keeping my mind on what I was doing.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt depressed.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt that everything I did was an effort.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt hopeful about the future.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I thought my life had been a failure.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt fearful.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. My sleep was restless.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I was happy.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I talked less than usual.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt lonely.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. People were unfriendly.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I enjoyed life.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I had crying spells.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt sad.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I felt that people dislike me.

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

1. I could not get “going.”

SHOW CARD MD1.

RARELY OR NONE OF THE TIME (LESS THAN ONE DAY) 1

SOME OR A LITTLE OF THE TIME (1-2 DAYS) 2

OCCASIONALLY OR A MODERATE AMOUNT OF TIME (3-4 DAYS) 3

MOST OR ALL OF THE TIME (5-7 DAYS) 4

REFUSED 9--97

DON’T KNOW 9--98

## Depression (EPDS) - DEPD

1. I have been able to laugh and see the funny side of things

As much as I always could 1

Not quite so much now 2

Definitely not so much now 3

Not at all 4

REFUSED 9--97

DON’T KNOW 9--98

1. I have looked forward with enjoyment to things

As much as I ever did 1

Rather less than I used to 2

Definitely less than I used to 3

Hardly at all 4

REFUSED 9--97

DON’T KNOW 9--98

1. I have blamed myself unnecessarily when things went wrong

Yes, most of the time 1

Yes, some of the time 2

Not very often 3

No, never 4

REFUSED 9--97

DON’T KNOW 9--98

1. I have been anxious or worried for no good reason

No, not at all 1

Hardly ever 2

Yes, sometimes 3

Yes, very often 4

REFUSED 9--97

DON’T KNOW 9--98

1. I have felt scared or panicky for no very good reason

Yes, quite a lot 1

Yes, sometimes 2

No, not much 3

No, not at all 4

REFUSED 9--97

DON’T KNOW 9--98

1. Things have been getting on top of me

Yes, most of the time I haven’t been able to cope at all 1

Yes, sometimes I haven’t been coping as well as usual 2

No, most of the time I have coped quite well 3

No, I have been coping as well as ever 4

REFUSED 9--97

DON’T KNOW 9--98

1. I have been so unhappy that I have had difficulty sleeping

Yes, most of the time 1

Yes, sometimes 2

Not very often 3

No, not at all 4

REFUSED 9--97

DON’T KNOW 9--98

1. I have felt sad or miserable

Yes, most of the time 1

Yes, quite often 2

Not very often 3

No, not at all 4

REFUSED 9--97

DON’T KNOW 9--98

1. I have been so unhappy that I have been crying

Yes, most of the time 1

Yes, quite often 2

Only occasionally 3

No, never 4

REFUSED 9--97

DON’T KNOW 9--98

1. The thought of harming myself has occurred to me

Yes, quite often 1

Sometimes 2

Hardly ever 3

Never 4

REFUSED 9--97

DON’T KNOW 9--98